

# BICS

Barnet Integrated Clinical Services



**BARNET**  
LONDON BOROUGH

**What is BICS?** Barnet Integrated Clinical Services (BICS) provides mild to moderate mental health services to children, young people and families in the borough.

**What we do?** If you live in the borough or attend a Barnet school and are struggling with social, emotional or behavioural difficulties, we might be able to help. We offer a range of individual and family evidence based interventions, alongside groups and workshops. We can meet face-to-face or virtually either in school or in the community. We also offer a range of online content to support wellbeing and good mental health in Barnet.

**How to refer** Referrals can be made via **The Universal Plus Form** on the Barnet website from external agencies and parents or if the CYP is known to the local authority, Family Services staff can refer via the **Internal Request Form** either on EHM or LCS.

Email: **BICS@barnet.gov.uk**

Support line: **07926 085495**

**[www.barnet.gov.uk/bics](http://www.barnet.gov.uk/bics)**

