



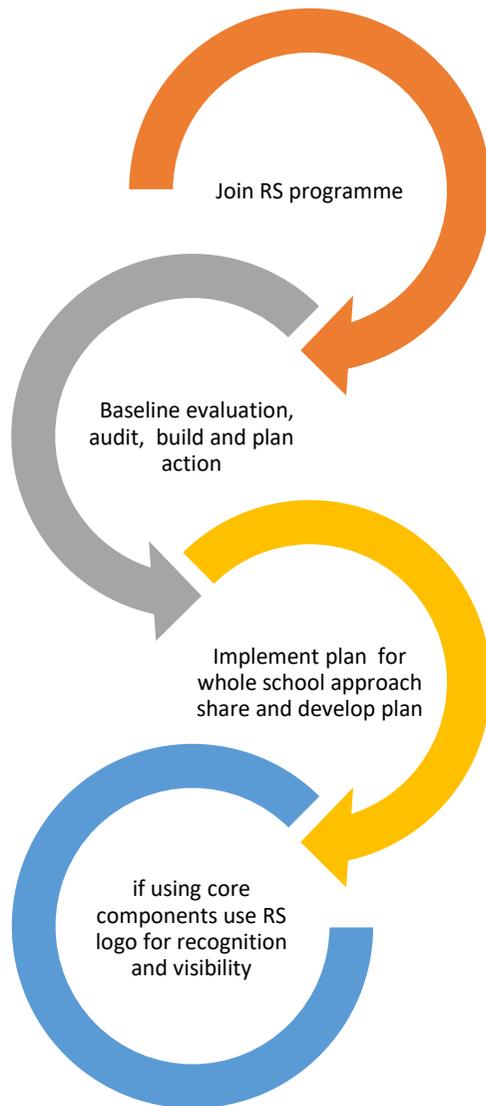
CORE COMPONENTS FOR THE RESILIENT SCHOOLS PROGRAMME

Welcome to the Resilient Schools Programme

The Programme aims to provide a whole school approach to mental health and resilience by providing schools with training and support to raise awareness of Mental Health and reduce stigma and discrimination for staff, pupils and families

Further information on joining the Barnet Resilient Schools Programme

please contact Jayne.abbott@barnet.gov.uk



Any Barnet Primary or Secondary school may join the programme at the beginning of each academic year. This enables all schools to take part in the evaluation process and make the most of the training and support on offer.

Barnet Resilient Schools can also help you achieve Silver and Gold in the Healthy Schools London Awards.

Joining Resilient Schools builds on many activities that you are already undertaking as a school. The core and supplementary components of the programme and support offered enable you to plan how you will implement this within your school. The baseline evaluation provides a starting point, the audit tool enables you to build on your school's strengths, address challenges and plan the Resilient Schools programme for your school.

Staff training, network meetings and other support resources are available to help you implement and develop activities for your Resilient Schools programme. Taking part in the audit and follow up evaluation will enable you to keep track of your progress and achievements.

When you have established the core components of the resilient Schools programme your school will be eligible to use the RS logo to increase visibility and recognition of your achievements.

CORE COMPONENTS

