

For more information about the service and/or to make a referral, please contact Leanne Higgins:

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www.solacewomensaid.org

☎ 0203 874 5003

Dates: TBC (Term time only)

Time: 4.00pm—5.00pm

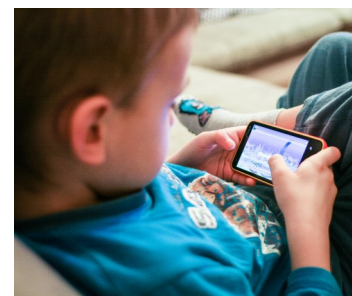
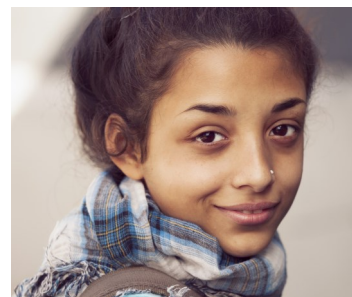


Solace Women's Aid is a charity registered in England & Wales.
Charity Number 1082450. Company Number 3376716.



Children & Young People's Community Group Programme

6 week group for children & young people aged 11-15 who have experienced or witnessed domestic abuse.



Solace Women's Aid is an independent charity providing a range of holistic support services in London enabling women, children and men to live free from domestic and sexual abuse.

www.solacewomensaid.org

Community Group Programme for Children & Young People

Do the children/young person you work with, who have been affected by domestic violence, show any of the following behaviours?

- Self blaming and taking responsibility for abuse at home
- Not feeling good about themselves
- Displaying risky or offending behaviour in the home or community
- Showing signs of violence to parents or significant others
- Showing signs of emotional distress (anger, aggressions, unusual quietness, sadness, withdrawal, self harming, not eating)

Benefits of the children's / young people's group

- Provides children & young people with an opportunity to process and understand the violence and abuse they have experienced
- Gives children & young people a voice to talk about what has happened without worrying about parental feelings. They feel heard, validated and believed.
- Children & young people improve their ability to identify abusive actions and behaviours.
- Supports children & young people to understand that the violence is not their fault
- Supports children & young people to understand that they are not alone
- Encourages children & young people to develop support networks and safety plan

Mothers / Female Carers

One-to-one's with Mother/ female carers can be held separately to understand what the children are learning. However Mothers do not have to attend, but it is strongly encouraged that they do.

Benefits to the mothers' / female carers'

- Help in understanding how to support their children.
- New strategies for how to support their children and family after domestic abuse
- Ability to actively listen to and support their children and family after domestic abuse
- Support their children in understanding and accepting that abuse is the fault of the abuser, and not the child
- Support their children to develop a safety plan for themselves

Referral criteria

- The perpetrating adult must **not** be living in the family home
- Families must live in Barnet
- Children / young people must be 11-15 years old
- Consent must be obtained from the women and children
- Children has been exposed to domestic violence
- Children must be able to attend **All** 6 sessions