Programmes for young people

RISE will provide the following interventions to help change the behaviours of young perpetrators between the ages of 11 - 17 years of age. We use a family approach to ensure the parent/carer/guardian is committed to supporting the young person's progress on the programme.

Adolescent Intimate Relationship Abuse Programme

This programme is for young people who have been abusive towards their intimate partner.

Outcomes:
By the end of the programme, participants should be able to:
- Define what is meant by a healthy relationship
- Identify various forms of abuse within a relationship
- Understand their emotional triggers.

Adolescent to parent violence and abuse

This programme will support young people who have been violent or abusive towards their parent/carer/guardian by working with both parties to build stronger and respectful relationships.

Outcomes:
The programme is tailored to the needs of individual families, so by the end of the sessions families will have:
- Reflected on their existing home relationships and ways to improve communication.

Making referrals

To make a referral for any of our perpetrator programmes, you can contact:

programme.referrals@risemutual.cjsm.net
Or 07535 651784.

Please do not refer to RISE is the person:

- Totally denies that any abuse occurred
- Has severe mental health problems
- Or has severe drug or alcohol dependencies.

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Registered in England & Wales No.09386646

RISE TRANSFORMING LIVES

RISE Programmes for:

Adult perpetrators
Young perpetrators

Information for Practitioners

Delivered by RISE Mutual
commissioned by Barnet

BARNET LONDON BOROUGH

Programme for adult perpetrators

Perpetrators will first complete a foundation module, which covers the relationship between thoughts, feelings and behaviour, and explores triggers of aggression. It asks Service Users to explore their use of violence and aggression within their intimate relationships.

Building Better Relationships

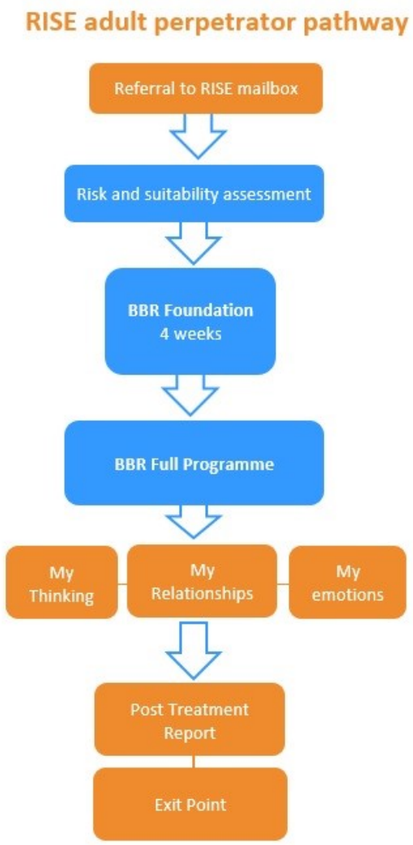
Each module has six group sessions which last 2.5 hours. There are 3 modules that medium to high risk clients can complete:
1. My Thinking
2. My Emotions
3. My Relationships

Support for partner/ex-partner of perpetrator

As part of an integrated approach, support will be provided to the victims (partner or ex-partner) of the perpetrators who are eligible for the RISE perpetrator programme. They will assess the risk to the victim, and help them to devise a safety plan to keep the victim and their family safe.

Domestic Abuse Safety Advisors will support victims by guiding . Victims will also be able to undertake the New Beginnings group that will help them to better understand issues around their legal rights, boundaries, parenting and finances.

We also offer programmes to female and LGBT perpetrators.



RISE has been commissioned by Barnet council to provide behaviour change programmes for perpetrators of domestic violence, while providing a service to the victims of those perpetrators.

Suitability and assessment
RISE will undertake a suitability (for perpetrators and victims) and risk assessment (for victims) for all those who are referred to our services.

Advice & signposting for those requiring a time-limited or lower level of input: RISE will ensure that clients who exit the service early will still receive a minimum level of service, including signposting.