

Beyond 2012 - Developing *Outstanding Physical Education* for all

The rationale:

Physical education (PE) is part of every child's entitlement to a good education. It is unique in that it is taught through physical activity in weekly practical lessons both indoors and outdoors, in a wide range of physical, creative and aesthetic settings. It provides pupils with the generic skills, knowledge and understanding they need to become physically literate, and at the same time gives most of them their first regular experiences of sport. When taught well, physical education enthuses and inspires pupils to participate fully and develop a life-long love of physical activity, sport and exercise. (OfSTED Feb 13). It can also contribute to whole child development and support the journey to becoming an effective healthy learner through impactful teaching that stimulates and nurtures curiosity, interest, motivation, resilience, creativity as well as cognitive and social skills. Previously 'Professional development and training provided by school sports partnerships had increased subject leaders' knowledge and understanding of self-evaluation, action-planning and curriculum development, and empowered them to lead improvements to PE.' (OfSTED Feb 13) The longitudinal Subject Leadership programme previously provided by SSPs had proven impact and this two year programme ***Outstanding Physical Education*** presented herewith has been devised to maximise the opportunity afforded through the new funding announced that enables us to build on those foundations.

Outcomes and Benefits:

Outstanding Physical Education means that pupils;

- are very well-equipped for the next stage of their education, training or employment as effective learners
- Have high levels of literacy
- Have strong spiritual, moral, social and cultural development
- are able to remain physically active for sustained periods of time and understand the importance of this in promoting their long-term health and well-being
- can think for themselves, take the initiative and become excellent young leaders
- show exceptional levels of originality, imagination and creativity
- know how to improve their own and others' performance through well managed peer and self assessment strategies
- can work independently for extended periods of time without the need of guidance or support
- display highly positive attitudes and can make informed choices

Developing ***Outstanding Physical Education*** in your school means that;

- your learning culture can be enhanced - where teachers are supported and encouraged to take risks and push boundaries in order to raise standards and improve achievement across the curriculum for all groups of pupils
- leadership across the school will maximise ownership of school improvement at all levels
- the promotion of professional dialogue will improve teaching across the curriculum

The process:

A longitudinal bespoke programme that engages with the subject leader who is then supported to lead professional development activity in their own school through a variety of mechanisms including;

- INSET
- Team teaching
- Monitoring and evaluating the quality of provision by teachers and coaches and using that information to improve practice
- Developing professional learning communities and using a 'lesson study' or peer triad approach
- Joint planning and the provision of SoW

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