

# GENERATION VERIFIED

A FILM LED BY BARNET YOUNG VOICES

## RESOURCE PACK

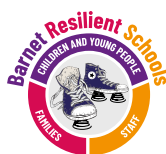
### Guide for those supporting SEND



From identity to pressure for perfection, popularity, and the desire for likes, Generation Verified is a short film that explores young people's experiences of the online world and how they cope with the unique generational challenges that they must navigate in their day-to-day lives.



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## DIGITAL RESILIENCE – School Staff and Parents of SEND

It is an increasingly more digital world, where children and young people are using digital technologies earlier. Developing **DIGITAL RESILIENCE** is the ability for young people to develop a critical mindset when accessing information online, to reduce their vulnerability and potential for harm. It is about being able to navigate, deal positively and safeguard themselves from harmful information often found on social media platforms and the internet. More information on digital resilience can be found on the **GOV.UK** website and **THIS TOOLKIT** for helping children become more resilient. As school staff and parents, we want you to be equipped with learning materials and guidance to facilitate these conversations with your young people.

For many young people with Special Educational Needs or Disabilities (SEND), the internet can be a place where people feel safe, calm and in control. Somewhere they can make friends without having to communicate face-to-face and build a community which they may not have in their offline life. Whilst recognising the internet is a great resource which young people enjoy using, life online for a child with SEND may pose additional challenges that require careful management and support.

## BACKGROUND

Barnet Council commissioned Youth Realities to conduct research on digital resilience amongst local young people within the borough. 91% of young people surveyed felt more connected to people via technology than offline. Most young people confessed that checking their social media platforms were the highlight of their day. Young people were aware of potential risks but also realised that more advice is needed to safely navigate the online world. In response to this, we co-produced a film with young people which features their top concerns. The film features topics such as online gaming, bullying, social media, and grooming.

**We encourage you to watch this film** and discuss some of the issues that were raised. We have produced resources on the next page to support you in discussions; so, you are prepared with advice and guidance.

**CLICK HERE TO VIEW THE FILM.**

All children residing or attending school in Barnet are able to access **KOOTH**. This is commissioned by Barnet Council to provide free, safe, anonymous, and confidential emotional wellbeing support to young people (11-25 years old).

If you are concerned about a child or any young person, please follow your schools safeguarding protocol at school. Alternatively you can call Barnet's Multi Agency Safeguarding Hub on 020 8359 4066.

**TAKE A LOOK AT THIS SITE** for more information. **If you believe a child is at risk of immediate harm please call the police on 999.**

On the next page are common problems raised within the film and also resources, help, and support links to explore. **Ctrl + click** on the area of interest.



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**ONLINE PORNOGRAPHY**

**TEACHERS AND SCHOOL STAFF**

**DIGITAL WELLBEING**

**ONLINE SAFETY**

**HEALTHY RELATIONSHIPS**

**SEND SPECIFIC RESOURCES**



**PARENTS AND CARERS**

**Hot Topics Supporting children with SEND**

The Hot Topic is designed to support parents and carers in understanding the risks of online activity, ensure that you know what to look out for, and provide practical ways in which you can help your child to enjoy their time online.

**PARENTS AND CARERS TOOLKIT**

**BARNET LOCAL OFFER**



You can also find useful resources on the **RESILIENT SCHOOLS PROGRAMME WEBSITE**.



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